



## 100% organic baby food from nature!

BabyCool is a Nordic baby food brand that makes frozen baby puree cubes from local organic raw materials.

### What makes BabyCool products so good?



The product has been developed in cooperation with researchers from the Estonian University of Life Sciences.



Each pack has about 12 cubes with a shelf life of 18–24 months.



Each raw material is in a separate package – this gives you the opportunity to mix a puree with components that you find suitable.



Raw materials are sourced from organic farming.



The product has been minimally heat treated.



The products are frozen – this allows for better preservation of nutrients and vitamins.



The package stands up on its own and is resealable.



No salt, sugar, flavour enhancers, preservatives, food thickeners, concentrated juices or other additives are used in production.



## How to use?

- ❖ **Mix and match!** Different cubes of vegetable, fruit, berry, and meat puree can be mixed together or just use them on their own.
- ❖ Fruit or berry cubes can be added to the morning porridge. The porridge cools down quickly thanks to the cold cube and the cube melts quickly because of the hot porridge.
- ❖ Puree cubes can also be offered without mixing – this allows you to give different vegetable, fruit, and meat snacks to your baby. **Doing this promotes the development of your baby's taste buds.**
- ❖ If you want to make a chunky puree then add, for example, boiled raw buckwheat, groats, rice or pieces of different vegetables.
- ❖ If possible, take the cubes out to thaw earlier, and heat the food either using the double boiling method or by constantly stirring on a low heat. **Do not use the microwave!**
- ❖ After defrosting and heating, **use immediately**, do not re-freeze or re-heat.



BabyCool baby puree is for people who value:

- ❖ Pure organic food
- ❖ Sustainable production and the environment
- ❖ Your own time and quality of life
- ❖ Support for local small farmers

## Products:

Apple-blueberry, Blue Congo potato, Broccoli, Parsnip, Zucchini, Pear, Cauliflower, Potato, Pumpkin, Carrot, Apple, Lamb Liver, Veal, Lamb, Trout, Beet, Kohlrabi, Turnip, Celery root puree cubes

Information about BabyCool and contacts on our website:

[www.babycool.ee](http://www.babycool.ee)

**Let's grow together!**